

Give the gift of

strength,
independence,
and **hope**



A gift in your Will could help ensure that people living with muscular dystrophy continue to access specialist support for generations to come.



Leave a lasting gift with the
Muscular Dystrophy Support Centre

Why your legacy matters

A lifeline today, a legacy for tomorrow

More than 110,000 people in the UK live with a muscle-wasting condition.

For many adults, access to consistent specialist physical therapy is non-existent after childhood.



That's where the Muscular Dystrophy Support Centre makes a vital difference.

We provide free, ongoing specialist therapies and support to help people living with muscular dystrophy and related neuromuscular conditions maintain movement, independence and quality of life.

For many, the Centre provide much more than therapy. It offers expert support, confidence, reassurance and a community that understands the challenges of living with a progressive condition.

A gift in your Will can help ensure this support is here for the people who need it, now and in the future.



Robert's gift lives on

Robert was a service user at MD Support Centre for many years. Like many of the people we support, he understood how vital specialist therapies are in maintaining independence and dignity when living with a progressive condition.

He also understood how fragile that support can be without funding.

Before he passed away, Robert made the thoughtful decision to leave a gift including a share of his home and proceeds from his pension to the MD Support Centre.

His gift was not just financial; it was deeply personal.

It was his way of ensuring that others could continue to access the therapies he valued, that the Centre would be there for people facing similar challenges, and that future generations would have somewhere to turn for help.

Today, Robert's legacy continues to make a real difference, helping us provide therapies, reach more people, and plan for the future with confidence. Even after his passing he remains part of our family.

Choosing the right gift for you

A gift that works for you

There are several ways you can remember the Muscular Dystrophy Support Centre in your Will.

You may choose to leave:

- A share of your estate
- A percentage of what remains after taking care of your loved ones
- A fixed sum
- Other assets, such as property, investments

You can also write to your pension provider and nominate MD Support Centre to receive any remaining funds.

Every gift is personal, and there is no minimum amount.

The most important thing is choosing a gift that feels right for you and your loved ones.



What you could help make possible

A gift that makes a lasting difference

As an independent charity, we rely on the generosity of our supporters to continue providing specialist services.

A gift in your Will could help us:

- Keep specialist therapies free and accessible
- Help people maintain their mobility and independence
- Reach more people who need specialist support
- Develop services where there are gaps in provision
- Provide greater security for the future

We can even ringfence your gift for a specific service should you wish.

No matter the size, every legacy gift can make a lasting difference.

After taking care of your loved ones, even a small gift could help ensure that people living with muscular dystrophy continue to receive the support they rely on.





Making your gift go further

Leaving a gift to charity in your Will can be a meaningful and tax-efficient way to give.

Gifts to registered charities are generally exempt from Inheritance Tax, meaning more of your gift can go directly towards supporting the causes you care about.

Under current UK rules, leaving 10% or more of your taxable estate to charity may also reduce the rate of Inheritance Tax paid on the rest of your estate from 40% to 36%.

Giving during your lifetime may also offer tax benefits in some circumstances.

Important note:

Tax rules can change, and individual circumstances vary. We always recommend speaking to a solicitor or qualified professional adviser when making or updating your Will. Nothing in this leaflet constitutes legal advice.

How to leave a gift in your Will

Leaving a gift is simpler than you might think

- ① Choose the type of gift you would like to leave
- ② Speak to a professional - ask your solicitor or Will writer to help you make or update your Will
- ③ Include our charity details, using our registered name:
NMC Midlands Ltd.
Registered Charity No. 1148855
Registered Company No. 08132198

If you already have a Will, you may be able to make a simple amendment, known as a codicil.

Need help?

If you're considering leaving a gift in your Will, we're here to help. We can provide suggested wording, our charity details, and confidential guidance to support you through the process.

A future built on compassion

Every gift, like Robert's, helps us continue provide specialist therapies that slow muscle deterioration, help people maintain independence for longer, and ensure no one faces muscular dystrophy without support.



**Your legacy could
change someone's
future**

After taking care of your loved ones, please consider leaving a gift to help ensure people with muscular dystrophy always have somewhere to turn for specialist support.

We are always here

If you would like a confidential conversation or have any questions about leaving a gift in your Will, please reach out to Jamie at fundraising@mdsupportcentre.org or call 02476 100770.



Thank you for considering a gift that could make a difference for generations to come.

mdsupportcentre.org

Muscular Dystrophy Support Centre is a working name of NMC Midlands Ltd.
Charity no. 1148855.