Name

Address1  
Address2

Address3

Address4

Postcode

Insert date

Dear

**I’m raising funds for NMC Midlands**

I am writing to ask whether you would consider donating a ----- /supporting my -----event/ sponsoring me to----- / help publicise my event / publish this story in the paper – delete as appropriate.

The Neuromuscular Centre Midlands (NMC Midlands) opened in autumn 2012 to provide specialist physiotherapy and advice to people with muscular dystrophy and neuromuscular conditions who live in the Midlands area. These conditions cause progressive loss of muscle strength, often resulting in the need for a wheelchair and ventilation equipment. At its most severe it is life limiting. As muscle strength is reduced, so is the person’s ability to carry out normal everyday functions. This causes a dramatic reduction in their quality of life and a loss of some, if not all independence.

Physiotherapy helps people to stay strong for longer, maintain flexibility and treat pain. But gaps in essential health services mean that it is often withdrawn at the age of 19, and 50% of patients do not see a physiotherapist. NMC Midlands is the first centre in the region and only the second across the entire UK to provide the specialist services needed. We have a multi-disciplinary approach, offering specialised physiotherapy, physical therapies, advice and support in a social and non-clinical setting.

The costs of running the centre and purchasing the specialist equipment required are considerable, and the charity is dependent on public support. This is why I am writing to you. With your help, NMC Midlands can support those with neuromuscular conditions and have a positive impact on the quality of life of those with neuromuscular conditions, and that of their families, friends and carers.

Please contact me on Insert your phone number or your email address if you would like to help. Thank you for your support.

Warmest regards,